

A.T. Still University Physical Therapy Program

4 Week Orthopedic Internship Progression

Week 1

30 minutes set aside for tour & review of expectations

First week observe CI perform evaluations & treatment

Perform modality set-up/take down after demonstrate appropriately to CI

Possibly perform subjective portion evaluation toward end of week if observed CI perform

Review/Demonstrate all extremity mobilizations w/CI (UE one day/LE another day)

Once reviewed mobilizations - perform on patients under supervision of CI

Week 2

Perform modality set-up/take down

Perform subjective portion of extremity evaluations with 50-75% guidance - simple cases

Perform some objective portion or all objective portion with 75% guidance of CI

Start to discuss setting up POC

Collaborative initial interventions after extremity evaluations

Continue to assist with interventions with decreasing assistance from CI

Week 3

Perform all subjective portions of extremity evaluations with 50% assistance

Perform all objective portions extremity evaluations with 50% guidance

Develop all POC for simple extremity evaluations with 50% guidance

Perform all new extremity evaluations initial interventions with 50% guidance

Week 4

Perform all subjective portions of extremity evaluations with 25% assistance - simple cases

Perform all objective portions of extremity evaluations with 25% assistance - simple cases

Develop all POC for simple extremity evaluations with 25% guidance

Perform interventions on 50% patients with 0-25% guidance for simple patients