

Resident Eligibility Policy

PURPOSE

The purpose of this policy is to define eligibility requirements for appointment of residents who did not graduate from an accredited college of osteopathic medicine into an osteopathic neuromusculoskeletal medicine program.

POLICY

All physicians who have graduated from a Commission on Osteopathic College Accreditation (COCA)-accredited College of Osteopathic Medicine (COM) who hold a DO degree are deemed to have sufficient background and/or instruction to enter a designated osteopathic neuromusculoskeletal medicine residency position.

Non-DO, eligible applicants

- Must have completed coursework in Osteopathic Manipulative Medicine and Osteopathic Principles and Practice (OMM/OPP) provided by an accredited college of osteopathic medicine, the American Osteopathic Association (AOA), or one of its component organizations, such as the American Academy of Osteopathy.
- Coursework must include at least one hundred (100) hours of didactic education in osteopathic principles and hand-on training in diagnosis and osteopathic manipulative treatment (OMT) for somatic dysfunction.
- Hands-on training in OMT should include a variety of techniques such as muscle energy, high-velocity, low amplitude (HVLA), and counterstrain techniques with additional training in one or more of the following: myofascial release, cranial osteopathic manipulative medicine, articular technique, Still technique, functional method, ligamentous articular strain, or balance ligamentous tension technique.
- Eligible applicants may be required to complete OMM/OPP competency assessments prior to consideration for residency.
- Prospective residents, who have not had a formal assessment of their OMM hands-on skills may be required to pass a practical exam administered prior to matriculation by the program director and core faculty to assess residents' OMM/OPP knowledge and practical skills.
- Residents entering at the ONMM2 level must meet prerequisite criteria as outlined in the ACGME Program Requirements for Graduate Medical Education in ONMM.